

THE SPRINKLES(TM) GAME, a brief over view by Sally Hopkins

To see the full protocol: <https://www.dog-games.co.uk/sprinkles-tm/>

- Dogs love to scavenge because they are using their senses to find high value rewards - food.
- Take a hand full of your dog's daily ration of food and scatter it either out on the garden, or a location where you walk your dog. Please be careful where you choose to drop the food, as it could be contaminated by chemical sprays or fertilizers on the ground, or the pollutants from nearby traffic, and these toxins can be absorbed into the dog's body when it digests the food.
- Allow your dog to watch you dropping the food the first time so that it understands what you are doing. Very soon your dog will be able to recognize the visual triggers to play this game and you will be able to leave your dog in the car or house while you scatter the food. They will enjoy the challenge of working harder without the "clue" of watching where you dropped the treats and dog food and will make sure that every single bit is found and eaten up!
- I recommend taking a book to read, or a radio to listen to while your dog is busy finding all the treats on the grass. Do not be tempted to "help" the dog by pointing out where a stray treat has gone. It's your dog's game, let him enjoy it at his own pace!
- It is quite normal for a dog to search the area for the very last morsel of food for over 15 to 20 minutes. All this mental exercise is very tiring and your dog will sleep like a baby for a long time once it has a chance to rest when it gets home. Far healthier than a long walk or a frantic session chasing after a toy, time and time again.

Visit the Sprinkles Facebook page to see some videos of the game in action:

<https://www.facebook.com/groups/728051773924962/videos/>